

Recommended Services

Addiction Treatment Needs Assessment

<https://www.treatmentconnection.com/assessment>

For USC Students Only

- [Medical Care](#)
- [Counseling and Mental Health](#)
- [Trojans Care 4 Trojans](#)

For USC Faculty/Staff Only

- [Counseling at WorkWell Center](#)
- [Counseling at USC Psychology Services Center](#)
- [Lyra](#)
- [Tobacco Cessation Program](#)
- [Care for Caregivers](#)
- [Trojans Care 4 Trojans](#)

12 Step Meetings/Support Groups

- [Dual Recovery Anonymous](#)
- [LifeRing](#)
- [Narcotics Anonymous](#)
- [Alcoholics Anonymous](#)
- [Codependents Anonymous](#)
- [Al-Anon Family Groups](#)
- [SMART Recovery](#)
- [Women for Sobriety, Inc.](#)
- [Support Groups at LGBT Center](#)
- [BIPOC Only Recovery Dharma](#)
- [Midnight Mission 12 Step Recovery](#)
- [List of 12 Step Groups](#)

Harm Reduction Organizations

- [TACO](#) (USC + Greater Community) ○ Overdose Prevention: General Drug Education, Narcan training, Fentanyl Test Strips
- [Homeless Health Care: Center for Harm Reduction](#) ○ Syringe exchange, naloxone, wound care, overdose prevention kits, opioid detox medication, and more.
- [Bienestar: Harm Reduction Center](#) ○ Syringe exchange, Naloxone Kits, Overdose Prevention/Response Training, Fentanyl information & test strips, Safer Use Instructions, Mental Health and Substance Misuse Counseling, Abscess and Wound Care services

- [Overdose Education and Naloxone Distribution](#) ○ Overdose education, free Narcan, syringe exchange
- [Community Health Project Los Angeles](#) ○ Syringe exchange, Law Enforcement Assisted Diversion, overdose education, naloxone education
- [National Harm Reduction Coalition](#) ○ Syringe exchange, naloxone distribution, information on naloxone administration and fentanyl testing, harm reduction trainings, policy development

Outpatient Therapy

Low Cost/Sliding Scale

- [Clare Matrix](#)
- [USC Psychology Services Center](#) (USC Only)
- [Southern California Counseling Center](#)
- [UCLA Psychology Clinic](#)
- [Didi Hirsch](#)
- [Tarzana Treatment Center](#)
- [Wright Institute](#)
- [LGBT Center](#)
- [Venice Family Clinic: SUMMIT Program](#)

Therapist Finders

- [Inclusive Therapists](#)
- [Latinx Therapy](#)
- [Therapy for Black Girls](#)
- [Therapy for Black Men](#)
- [Melanin and Mental Health](#)
- [LGBTQ Therapists of Color](#)

Sober Living (Greater Community)

- [Start Up Recovery](#)
- [Casa Nuevo Vida](#)
- [New Beginnings](#)
- [Haven House](#)
- [PACE](#) (Men only)

IOP/PHP

- [The Haven at College](#) (USC + Greater Community)
- [Clare Matrix](#)
- [LGBT Center](#)
- [Tarzana Treatment Center](#)
- [Didi Hirsch](#)

In-patient/Residential/Detox

- [Clare Matrix](#)
- [Tarzana Treatment Center](#)
- [Exodus Recovery](#)
- [La Ventana](#)
- [Clearview](#)
- [Didi Hirsch](#)
- [Montare](#)

Crisis Lines/Hotlines

- Suicide and Crisis Lifeline – [988](#)
 - o 24/7 hotline for suicide and other mental health crises. Will contact emergency services (911, police, sheriff) for assistance only in cases where risk of harm to self or others is imminent or in progress, and when a less invasive plan for the caller/texter's safety cannot be collaborated on with the individual
- Trans Lifeline - [\(877\) 565-8860](#)
 - o Trans peer support divested from police. Will not call emergency services or law enforcement without your explicit request. 24/7 hotline
- Trevor Project Crisis Line – [\(866\) 488-7386](#)
 - o Provide LGBTQ youth with 24/7 crisis counseling via phone, text, and chat for those struggling with issues such as coming out, LGBTQ identity, depression, and suicide.
- THRIVE Lifeline - [\(313\) 662-8209](#)
 - o Suicide and mental health crisis 24/7 lifeline. TEXT ONLY. Text "THRIVE" to [\(313\) 6628209](#). THRIVE Lifeline does not call emergency services for people that are at risk of harming themselves without their consent.
- Community Helpline - [\(877\) 541-2525](#)
 - o Helps callers work through issues that range from loneliness, depression, addiction, suicide, etc. Available from 8 a.m. – 8 p.m., 7 days a week.
- SAMHSA's National Helpline – [\(800\) 662-4357](#)
 - o Confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.